



# BREAKTHROUGH CLUBHOUSE



## NEWSLETTER JULY 2010



### FOURTH OF JULY

Members celebrated the holiday on July 5 at the Clubhouse by having a cookout! All who attended were in a good mood and the day went smoothly.



The brand new grill was broken in by Jeff H. and me. Due to rain, we had to set the grill under the canopy. The smoke drifted into the outer hallway since we were close to the door, but fortunately it didn't get into the dining area.

Members enjoyed delicious hamburgers, brauts, baked beans, chips, pop, and ice cream. The afternoon went by very quickly.

Fred P.

### INTERVIEW WITH DANETTE

I just interviewed our executive director, Danette Tipton. She is all for what the members want, plus she would like to see the Clubhouse certified. A pilot project is



underway on whether or not closing on Fridays at 5:00 is going to work.

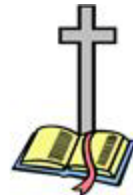
She is interested in community relations so will be networking with others to share good news about Breakthrough.

David L.

### BIBLE STUDY

I look forward to Bible study! Every Monday evening at 6:00, the group meets for about an hour at the World Cup Coffee Shop at 21<sup>st</sup> and Washburn.

The discussion topic varies and can change as the evening goes on depending on the needs of the group. You don't have to have great knowledge of the Bible to join in. All you need is a desire to learn.



The atmosphere is relaxed and comfortable. Other groups are likely to be gathering as well as others just socializing. This is an opportunity to relax, drink some coffee, and meet new people.

Everyone is welcome so stop in on a Monday evening.

Keith P.

## COMPEER EVENT



New and different entertainment was provided by the Standing Bear Intertribal Drum Group on July 17 for the members of the Clubhouse. Compeer also held a barbeque with delicious food for all.

The barbeque consisted of hamburgers, hot dogs, baked beans, potato salad, and macaroni salad. Since it was very hot and humid, many members enjoyed their lunch indoors.

The Drum Group was comprised of six members—four men and two women. They performed on the patio behind the Clubhouse where it was shady. They chanted while beating a rhythm on one large drum.

It was interesting to hear the Drum Group and the members were invited to sing along at one point.

Phil H. and Ross S.



## LEARNING TO USE COMPUTERS

Learning to use the computers is hard when you are first learning. For beginners, the best is to learn how to type. It was hard for me at first.



I didn't even know how to type. It took me awhile, but with staff's help I did learn. Now I can even type without looking at the keyboard. After learning how to type, I learned how to save documents.

Then I created my own email account and learned how to use the internet. It was exciting for me because I could communicate with others online and look up information.



I'm still practicing my typing; the punctuation marks are the hardest to learn. Even so, I now know how to do a lot on the computers and look forward to learning more. It is fun!

Learning how to use the computers is one of the best things you can learn in a lifetime!

Irene O.

Learn to type

**ABCDEFGHIJKLMN  
OPQRSTUVWXYZ**

## MY APPRECIATION FOR BREAKTHROUGH CLUBHOUSE



Breakthrough Clubhouse is a place where members can share their talents, play games, and contribute to the success of the Clubhouse. The members can eat delicious food, shop at the thrift store, and learn how to use computers. They have the opportunity to educate their minds in a learning environment.



Working in the kitchen gives me experience in teamwork and leadership. I have worked in all the different areas and helped others when needed. Things I have learned are preparing food, being sanitary, dishwashing, and food processing.

In the thrift shop I have had the opportunity to learn how to interact with different people on a day to day basis.

I've learned the skills necessary to work in a store.



I've created my own email account in the computer area. Learning how to use the computers and being able to look up information on the internet has been helpful.



The library offers many books of interest and is a place where you can be alone to think.

Breakthrough Clubhouse has been an inspiration to me! I've gained skills that I will carry with me in all aspects of my life!

Jasmine

## NAME THE BIRDS

We all know the birds only as "the birds". They are worthy of having names, so I will be leading the campaign to select names for them. Watch for suggestion forms at the receptionist desk. Please think of appropriate names that will distinguish our birds as the true pets that they are to all of us.

Jodi J.



## **BASEBALL "THE ROYALS"**

Baseball—the great American pastime! I see why people enjoy a live game of ball. You never know what to expect!



Sights to see are the people, the speed of some of the balls—80-90 mph, the fast foot work of the runners, and the vendors shouting, "Get your hotdog here!!" Just watching the people interact was just as much fun as watching the game, if not more fun.

I'm glad I had the experience. Live is better. Watching it on TV always puts me to sleep, but not watching it live. The fast pace, the hopes of catching a ball, or seeing your face on the "Jumbotron" or even TV is exciting.



Always and forever,  
baseball is my game!

Delorse O.

## **CAR WASH**

A car wash was held on July 27 to help fund a Clubhouse trip to Worlds of Fun in August. It was held in the parking lot of the Clubhouse at 1201 Van Buren. Donations were accepted.



## **UPCOMING COMPEER EVENT**

A bowling party will be held on Friday, August 20, from 6:00 to 9:00 p.m. at Gage Bowl. Members must sign up to attend. The van will pick up members if a ride is needed.



## **WORLDS OF FUN**

The Clubhouse is planning a trip to Worlds of Fun on Monday, August 16. Members are encouraged to sign up early.

## **HOW'S YOUR FUNNY BONE?**

What happened to the firefly that backed into the fan? He was delighted!



What do you call a really bad glass of lemonade? Lemon lemonade!

Why did the chicken cross the road? The signal light changed to green!



## Clubhouse Hours

Mon, Wed..... 9-6:30 pm

Tues & Thurs.... 9-7:30 pm

Fri ..... 9-5:00 pm

Holidays ..... 12-4 pm

## Clubhouse Staff

Jim..... Director

Michri..... Asst. Director

Andre..... Kitchen

Joe ..... Maintenance

Patricia ..... Clerical

## Meals

(Cost is \$.50)

(\$.25 for group home residents)

Monday ... (FREE) ..... noon

Tues through Fri..... noon

Holidays.... (FREE)...1:00 pm

Mon, Wed.....5:45 pm

Tues & Thursday.....4:30 pm

## Van Hours

(Cost is \$.25 each way)

(\$.10 for group home residents)

Rides ..... 8 am&4 pm

Tues & Thurs nights...7:30 pm

Holiday rides ..... 11 am&4 pm

