



BREAKTHROUGH CLUBHOUSE NEWSLETTER MARCH 2010



GLENN'S RETIREMENT PARTY

The Clubhouse was filled to maximum capacity with members and staff wishing Glenn the best for his retirement. Both Glenn and Cathy gave thoughtful speeches. It was a memorable event with good music, tasty food, and beautiful decorations.

A special CD was created by Michri just for the event. Along with the CD, participants also enjoyed karaoke with Jodi J., Mary N., Oneita P., and Chris D. contributing to the fun with their musical talent.



An amazing spread of food was prepared that consisted of pepperoni and cheese twisted together, spinach dip,

crab salad, crackers, carrots, juice punch, cookies, and strawberry shortcake. Lawrence L. personally baked over 300 cookies for this special event.

Beautiful silver and gold decorations of ribbon bows and dried florals were created by Ellen O., Mary N., and me.

Gene B.

SHRINERS' CIRCUS



The circus was a lot of fun! On Sunday, February 28, members rode to the circus in the clubhouse van.

There were lions and tigers performing tricks. My favorite part was the motorcycle act where a cyclist rode around and around at high speeds in a metal cage shaped like a huge ball. To add more excitement to this act, another cyclist joined along with a woman who stood in the center of the ball as the cyclists sped by her.

Lighted swords and balloons were sold at the concession stand. We enjoyed popcorn, pop, and cotton candy from the concessions as we watched the show.

Bob B.



THE HAND OF GOD

The hand of God is everywhere for all of us to see.



Reflected in so many ways, wherever we may be

The trees in all their foliage green

The flowers in colors bright

The rainbow in heavens above

The dazzling sunshine bright

The raindrops soft and gentle

The crystal snowflakes white

The moonbeams on the water

The twinkling stars at night

These are but few of endless wonders

Of the hand of our Lord and Creator

Omnipotent and grand.

Mary N.

HIS HEALING HANDS

God has the power to heal a mind

A body wracked with pain.

He holds you in his loving hands tho' it seems so all in vain.

It may not be this moment or later in the day,

Days and weeks and months may pass

But never cease to pray.

It's not for us to understand, no use to even try,

But oh, my friend, He loves you.

He knows you wonder, "Why?"

So wear God's armor every day

And try to run the race.

Your cross will seem much lighter

With His sufficient grace.

Mary N.

SONG "MY CHOICE"



Some folks would rather have houses and land, some folks choose silver and gold, but these things they treasure and forget about their souls. I decided to make Jesus my choice. Oh, you

know the road is rough, the going gets tough, and the hills are hard to climb. I started out a long time ago, there is no doubt in my mind, I decided to make Jesus my choice. These old burdens that I'm having, heavy is the load that I'm carrying, these old burdens that I'm wearing, I decided to make Jesus my choice. Oh, you know the road is rough, and the going gets tough, and the hills are hard to climb. I started out a long time ago, there is no doubt in my mind, I decided to make Jesus my choice.

Chris D.



JOB SEARCHING



For the first time, I used the computer to apply for a job. The application was not difficult, but it was lengthy. It is true that searching for a job is a job in itself. Completing the on-line application was just the first step in securing a job. I will call the potential employer in about a week to follow up.

When you are ready to apply for jobs, you need to have given a number of things some thought. Do you want part-time or full-time? What is your salary range? Do you need benefits? What hours can you work? Do you need a job on the bus route?

Be ready to answer the following on an application: Where have you worked? When did you work? Who were your supervisors? What were your job duties? Who are your references?



When job searching you need to know what types of jobs you are looking for and if you are willing to relocate. Look for jobs that fit your qualifications. It is likely you will need to apply for many jobs before you actually get an interview.

If you do get an interview, you need to present yourself the best you can. The first impression is very important. You should have a neat appearance with good manners. You will want to make good eye contact with the interviewer and know some things about the business. Be sure to practice your handshake and think about the questions that you might be asked.

To learn more about job seeking skills and to use the internet for job searching, come to the employment group at 11:00 on Wednesdays. If I can do it, you can too.

Jeff B.

LAND OF THE FREE



God bless America, the land of the free and the brave. There are so many reasons why our brave men and women soldiers are fighting overseas. One reason that comes to mind is the Christmas spirit. We want to keep that spirit of caring, sharing, and giving alive in this country.

Thanks to Capital City Bank, Breakthrough House members and staff, and all contributing organizations. We greatly appreciate your support.

Darren M.

WORD OF THANKS



“Thank you” for the card you gave to my mother; it made her feel good that people she doesn’t know care about her and her condition. This is a word from the heart that whatever God put together let no man put asunder. You are very real in what you do for other people. What you do for Christ will last.

This community is the best place to volunteer where we can serve and help donate to people who are in need. I want to help out around here as much as possible and this place has been a lot of help to me. I am giving my service back to my crew for the things you’ve done for me.

Also, thank you for caring for my son, Chris, who has been sharing in your program. It makes me feel special to be thought about.

Chris D.

LAUGHTER IS GOOD FOR THE SOUL

When a man went to the Dr. for a check-up, the Dr. asked, “Do you dribble?”
The man’s reply was, “It Depends.”

If April showers bring May flowers, what do May flowers bring? *Pilgrims*

How do you stop a rhinoceros from charging? *Take away his credit cards!*

What do you get when you cross a dinosaur with a grumpy person? A *Grumpasaurus*

What do you call a card-playing dinosaur? A *Cardsharkasaurus*

Author Unknown



GOOD FRIENDS

Having good friends is nice, but only if they are your friends and don’t wait until your back is turned then talk about you. Those kinds of people aren’t your friends unless they are really nice to you then that is good. It’s always nice to have good friends as long as they are friends and they love you back like sisters and brothers. It’s really nice to have great friends to talk to for as long they want to listen. God bless them all. It’s not worth not having any friends. It’s nice to have people to talk to. God loves everyone—good or bad. Honest, life is too short to have enemies, but sometimes that is life. I love my friends and they love me back. That is good. Everyone has issues. They just have to learn to deal with it, cope with it, and go on about their business to be friends. Life is great, really. We all like good music and good movies. We all know how to have fun.

Mary N.

Clubhouse Hours

Mon, Wed, Fri .. 9-6:30 pm

Tues & Thurs.... 9-7:30 pm

Holidays 12-4 pm

Clubhouse Staff

Jim.....Director

Michri.....Asst. Director

Andre.....Kitchen

JoeMaintenance

Patricia Clerical

Meals

(Cost is \$.50)

(\$.25 for group home residents)

Monday ... (FREE) noon

Tues through Fri..... noon

Holidays.... (FREE)...1:00 pm

Mon, Wed, Fri.....5:30 pm

Tues & Thursday.....4:30 pm

Van Hours

(Cost is \$.25 each way)

(\$.10 for group home residents)

Rides 8 am&4 pm

Tues & Thurs nights...7:30 pm

Holiday rides 11 am&4 pm

